- 1. Transport embedded samples on dry ice to the cryomicrotome
- 2. Place sample in the cryomicrotome box and equilibrate the box temperature to -24°C
 - Higher box temperatures (e.g., -20°C) are acceptable but can cause distortion of the tissue during sectioning
 - Slide rack must be inside the cryomicrotome box to store slides after sectioning
 - Keep the slides at room temperature
- 3. Replace microtome blade (if disposable)
- 4. Wipe microtome blade and anti-roll bar with a Kimwipe moistened with both ethanol and RNAse Away
 - RNAse Away by itself will freeze to the blade
 - Be careful not to cut yourself when cleaning the blade
- 5. Pop the embedded sample out of the cryomold, mount on the sectioning platform with Neg-50, and freeze until the sample has solidified on the sectioning platform
- 6. Mount the sectioning platform on the cryomicrotome and cut trim sections until the tissue is visible on the cutting surface
 - Tissue will appear as light pink against the white Neg-50
- 7. Cut 8 μ m sections, adjusting the anti-roll bar to prevent the section from accordioning. Use a brush to start the section, lay down the anti-roll plate, and continue sectioning slowly and evenly through the tissue with the vacutome on sectioning mode at 100%
 - Do not graze sections (subsequent section will be 16 μm instead of 8 μm)
 - Alternatively, one can omit the anti-roll bar and use the brush technique
 - 8 µm sections are roughly one-cell thick to allow for the maximum recovery of biological material after microdissection
- 8. Wick sections onto Superfrost plus slides (VWR #48311-703) and move the slide immediately to the slide rack inside the cryomicrotome box
 - Place the slide inside the cryomicrotome box for ~10 seconds before wicking the section
 - The section should just barely wet onto the slide with intermittent warming from a finger (overwetting will cause fluorescence to diffuse away from the labeled cells)
 - Do not dry the slide at room temperature (this will ruin the RNA integrity in the tissue)
 - To wick a second section per slide, warm the back of the slide with your finger for a few seconds before wicking (do not warm the part of the slide that contains the existing section)
- 9. Continue cutting and wicking sections until good cuts are no longer possible
 - One embedded sample typically yields 30-60 slides with two sections per slide
 - Do not return a half-sectioned sample to -80°C (the exposed sample will dehydrate and become damaged)
- 10. Move the slide box containing the frozen sections to dry ice and store at -80°C for up to one month