RNA fluorescence in situ hybridization on cryosections

Janes Lab Protocols

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- 1. Allow a five-slide mailer of cryosections to equilibrate to room temperature for 15 min
 - Frost on the cryosections can damage morphology
- 2. Open mailer and identify the corners of each section with a lab marker
 - Once the slides have been hydrated, it will be difficult to tell where the sections are on the slide
 - Once the slides have been hydrated, do <u>not</u> let them dry out again! This will irrecoverably increase the autofluorescence of the tissue.
- 3. Pretreat sections with 0.2 N HCl for 10 min
 - Acid treatment dramatically increases signal by denaturing RNP's and freeing transcripts for hybridization
 - Fixing in 3.7% PFA + 5% acetic acid can also increase signal, but the background is higher
 - Proteinase K pretreatments cause unpredictable loss of cells from the slides
- 4. Wash slides in PBS for 1×5 min
- 5. Postfix slides in freshly prepared 3.7% PFA and incubate for 15 min
 - Stock solutions of 37% PFA should be prepared according to Wang et al. Meth. Enzymol. 85:514 (1982) and stored in single-use aliquots at -20°C
 - Fix slides in a fume hood and dispose of PFA as hazardous waste
- 6. Wash slides in PBS for 2×10 min
- The same PBS jar can be used for both washes
- 7. Equilibrate slides in freshly prepared 0.1 M triethanolamine (pH 8.0) for 10 min
- 8. Acetylate slides with 0.25% acetic anhydride in freshly prepared 0.1 M triethanolamine (pH 8.0) for 5 min
 - Acetic anhydride has a half-life of ~1 min in aqueous solutions
 - Add 100 μ l of acetic anhydride to 40 mL of triethanolamine, shake vigorously, and add slides immediately (process multiple jars separately)
- 9. Wash slides in 2× SSC for 10 min
- 10. Dehydrate slides in 70% EtOH for 2 min, 95% EtOH for 2 min, 100 EtOH for 2 min, and then air dry for at least 5 min
 - EtOH dehydration increases the specificity of hybridization by drawing the hybridization mix better into the section
- 11. Add 10 μl hybridization solution to each section (20 μl per slide), cover with parafilm, seal with rubber cement, and incubate in a humid chamber for 14–16 hr at 42°C
 - Prehybridization causes an unacceptable loss of cells from the slides (in my hands)
 - Small squares of parafilm keep the hybridization solution from evaporating but are gentler to remove than glass coverslips
 - Lower hybridization temperatures (37°C) increase background, whereas higher temperatures (50°C, 55°C) decrease signal
 - Shorter or longer incubation times have not been tested
 - Water-saturated chambers appear to be fine if the samples are sealed in rubber cement
- 12. Soak slides in 2× SSC for ~5 min at 37°C
- 13. Remove rubber cement and parafilm from each section and wash slides in 2× SSC/50% formamide for 30 min at 55°C
 - RNAse treatments of any kind dramatically decrease signal intensity
 - Wash slides in a fume hood and dispose of formamide as hazardous waste
 - Higher temperatures (60°C) dramatically decrease signal intensity
- 14. Wash slides in $0.1 \times$ SSC for 30 min at 55°C
 - Higher temperatures (60°C) dramatically decrease signal intensity
- 15. Equilibrate slides in PBS for 10 min
- 16. If using Alexa-labeled riboprobes alone, proceed directly to Step 19

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17. Block slides in a humid chamber for 1 hr at room temperature in blocking solution: 1× Western Blocking Reagent (Roche #11921673001) diluted in PBS + 0.3% Tween-20

- Humid chambers can be constructed with an inverted pipette-tip box containing a paper towel saturated with water.
- 5% BSA can be substituted for Western Blocking Reagent, but nonspecific intracellular staining may increase
- 100 μ l of blocking solution is sufficient for each slide
- Cover the top of each slide with parafilm to reduce evaporation
- Substituting Triton for Tween increases background staining of the Matrigel (permeabilization is not required for thin sections)
- 18. Add anti-digoxin (Jackson ImmunoResearch #200-002-156) at 1:500 dilution or anti-dinitrophenyl (Invitrogen #A6430) at 1:1000 dilution in blocking solution and incubate 1 hr at room temperature
 - 100 μ l of primary-antibody solution is sufficient for each slide
 - Cy3-conjugated anti-digoxin can be used for direct detection, but signal will be amplified if secondary anti-mouse antibodies are used
 - Longer incubations with Cy3 conjugate may improve sensitivity but will be incompatible with other mouse primary antibodies
 - Cover the top of each slide with parafilm to reduce evaporation
- 19. Wash slides 3×5 min in PBS
- 20. Add Alexa-conjugated anti-mouse and anti-rabbit at 1:200 dilution in blocking solution and incubate 1 hr at room temperature
- 21. Wash slides 3×5 min in PBS
- 22. Counterstain slides with 0.5 μg/ml DAPI in PBS (to label nuclei) plus 2 μg/ml DyLight 750 wheat-germ agglutinin (to label plasma membranes for image segmentation) for 5 min
 - We have custom labeled wheat-germ agglutinin (MP Biomedicals #790164) with the Cy7 analog, DyLight 750 (Pierce #46423) for dual staining with DAPI
 - Alternatively, 20 μg/ml Alexa-350 wheat-germ agglutinin (Invitrogen #W11263) can be used without DAPI as a substitute for DyLight 750 wheat-germ agglutinin
- 23. Wash slides 2×5 min in PBS
- 24. Incubate sections with 10 mM CuSO₄ in 50 mM NH₄Ac (pH 5.0; acidify with acetic acid) for 10 min
 - CuSO₄ treatment dramatically reduces autofluorescence of sections, while only slightly diminishing the fluorescence of Cy- and Alexa-family dyes (Schnell et al. J. Histochem. Cytochem. 47:719 (1999))
 - Higher concentrations of CuSO₄ reduced signal, whereas lower concentrations are less effective at quenching autofluorescence
- 25. Wash slides 5 min in PBS
- 26. Mount with an antifade mounting medium and seal with nail polish
 - We use 0.5% N-propyl gallate in 90% glycerol + 1× phosphate buffer (pH 8.0)
 - To reduce spherical aberration, use a minimal amount of mounting medium between the coverslip and slide. We use 10 μ l per 24 × 50 mm coverslip (allow to spread slowly across the entire surface of the coverslip).
- 27. Seal the edges of the coverslip with nail polish and allow to air dry.
- 28. Remove residual salts with a wet Kimwipe and air dry.
- 29. Store slides at 4°C until imaging.
 - Autofluorescence will be suppressed in mounted sections for a few days, but it will increase thereafter as Cu²⁺ ions diffuse out of the tissue

Buffer recipes

- 0.1 M triethanolamine Make fresh
 2.64 ml triethanolamine
 ~180 ml H₂O
 pH solution to 8.0 with concentrated HCl Volume with H₂O to 200 ml
- **2.9**× hybridization buffer Store at –20°C as 200 µl aliquots

800 μl 50% dextran sulfate (Chemicon #3730-100ML)

200 µl 20 mg/ml yeast tRNA (Invitrogen #15401-029)

400 μl 20× SSC (Promega #V4261)

1.4 ml total volume

Add 3 μ l probe mix in H₂O to 10 μ l formamide, denature at 65°C for 30 sec and hold at 42°C. Then, add 7 μ l 2.9× hybridization buffer at 42°C, mix well, and add to slide (10 μ l per section)